



# ORTHOPEDIC SPECIALISTS OF OAKLAND COUNTY JOINT REPLACEMENT PRE-OPERATIVE CHECKLIST

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www.OSOC.com

## 4-6 Weeks Prior to Surgery

- Schedule Your Date**  
With the help of our surgical coordinator, you'll be able to arrange a date and time for your surgery.
- Obtain Medical/Cardiac Clearance**  
Call your doctor(s) and make an appointment for a complete pre-operative exam.
- Dental Check-Up**  
See your dentist and take care of dental work and/or routine cleaning. You should not have any dental work for 3 months after surgery.

## 2-4 Weeks Prior to Surgery

- Obtain Handicap Permit From Our Office**  
Take this application to the Secretary of State. The permit is to be used for after surgery.
- Attend Joint Class**  
Our Surgical Coordinator will arrange a time for you to attend.
- Pre-Op Appointment With Our Doctors**  
This is the final appointment before your surgery. Bring a list of all of your medications to this appointment.

## 1-2 Weeks Prior to Surgery

- Stop Taking All Arthritis Medications**  
These medications can thin the blood and should be stopped one week before surgery.
- Stop All Blood Thinners As Instructed By Your Cardiologist.**  
These include Plavix, Coumadin, Pradaxa, Xarelto and Eliquis. Please let our office know if you are on any of these medications.

## 1-2 Days Prior to Surgery

- Confirm Surgery Time**  
Our surgical coordinator or someone from the hospital will call to confirm your surgery time.
- Do Not Eat Or Drink Anything After Midnight The Day Before Your Surgery**  
This is for your own safety. You may be instructed by the anesthesiologist to take certain medications the morning of surgery.
- Prepare Your Skin with Anti-Septic Wipes**  
The hospital will provide these wipes. Use these wipes the day before your surgery.